

Aetna Navigator[®] Member Website



**Instant personalized
claims and health
information available
online.**

Your Secure Member Website

As a Student Health Insurance member, you have access to Aetna Navigator¹, your secure member website, complete with personalized claims and health information.

You can take full advantage of our website to complete a variety of self-service transactions online.

Want to change a primary care physician and/or dentist?

Need to check the status of a claim?

You can do it all online — 24 hours a day, 7 days a week — from wherever you have Internet access.

Start with **Aetna Navigator[®] Health Information Guide** to find information on your health care, treatment options, cost of services, and health content.

Aetna Navigator helps you make the most of your health benefits plan. You can:

- Review who is covered under your plan.
- Request, view and print member ID cards.
- View Claim Explanation of Benefits.
- Look up costs and other health-related information before you seek care and to better plan your expenses.
- Research the price of a brand name drug and learn if there are generic alternatives.
- Find health care professionals and facilities that participate in your plan.
- Send an e-mail to Customer Service.
- View the latest health information, news, and more!

Discount Programs Available

As an Aetna Navigator member, you have access to these programs:

Aetna VisionSM Discount Program –

A discount program on vision exams and eyewear.

Aetna FitnessSM Discount Program – Access to preferred rates on fitness club memberships, discounts on home fitness equipment, health coaching services and more.

Aetna Weight ManagementSM Discount Program

– Access to discounts on Jenny Craig[®] weight loss programs and products.

eDiets[®] – Save 25% on weekly eDiets dues.

Zagat[®] Online – Subscribe to Zagat online and get a 30 percent discount on their members-only services.

Mayo Clinic Bookstore.com – Discounts for books on health and wellness. The discount will depend on item price and other available discounts.

Informed Health[®] Line – When you have questions, you can get answers — call or go online to help make your health decisions easier.

Health and Wellness Portal – An interactive website that offers health care and assessment tools to calculate body mass index, financial health, risk activities, health and wellness indicators and more.

Beginning RightSM Maternity Program –

Give your baby a healthy start. Our Beginning Right Maternity Program comes with your health insurance plan. Use it throughout your pregnancy and after your baby is born.

Aetna Natural Products and ServicesSM Discount Program

– Access to reduced rates on services from natural therapy professionals including acupuncturists, chiropractors, massage therapists, and dietetic counselors, and discounts on over-the-counter vitamins and supplements and health related products.

Emergency Travel Assistance Services and Medical Evacuation

Quit Tobacco Cessation Program – Say good-bye to tobacco and hello to a healthier future! The one-year Quit Tobacco program is provided by Healthyroads, a leading provider of tobacco cessation programs. You'll get personal attention from health professionals that can help find what works for you.

Register Today!

Registering for Aetna Navigator is quick and easy. Here's how:

- Go to **www.aetnastudenthealth.com**
- Click on "Students."
- Click on "Find Your School" and enter your school name.
- Click on "For Members", then on the "Aetna Navigator[®] Member Website"
 - To Register – Click on "Register for Aetna Navigator"
 - To Learn More – Click on "Take a Tour..."
- Select a user name, password and security phrase.

Once your registration is complete, your user name and password will give you access to all the features of Aetna Navigator. You will receive a confirmation postcard via the U.S. Postal Service at the address we have on file. You can find help with questions about registration, security and software by clicking on "About Registration" at the top of the online registration form. Personal registration assistance is available toll free, Monday through Friday, from 7 a.m. to 9 p.m. Eastern Time at 1-800-225-3375.

Student Health Insurance Plans are underwritten by Aetna Life Insurance Company (ALIC) and administered by Chickering Claims Administrators, Inc. **Aetna Student HealthSM is the brand name for products and services provided by these companies and their applicable affiliated companies.** This material is for information only and is not an offer or invitation to contract. Discount programs provide access to discounted prices and are NOT insured benefits. Discounts are subject to change without notice. Discount programs may not be available in all states. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professionals. These services, programs or benefits may be offered by vendors who are independent contractors and not employees or agents of Aetna. Policy forms issued in OK include: GR-96134. 15.03.322.1_A (0809)

We want you to know[®]

